



Eye Surgery Center
Of Louisiana

DISCHARGE INSTRUCTIONS

Physician: Dr. Bruce A. Germer

You have had major eye surgery.

Keep your eye protected with a shield, glasses or sunglasses during the day. At night, use the shield or gauze patch for one week.

You may wash your hair and face or shower as usual. The skin around the eye may be washed with a warm washcloth.

Avoid lifting more than 25lbs for one week. Television, computer and reading are allowed if not positioning.

POSITION: _____

Up to bathroom and for meals.

Positioning is VERY important.

Follow-up appointment with Dr. Germer at _____

Redness, moderate aching pain, scratchiness, fatigue and eyelid swelling will normally be present for a few weeks. If pain is severe or your vision becomes worse, call Dr. Germer at 504-887-7660 or 1-800-277-3937.

Bring your medicines and the sheet with you for your postoperative appointment.

MEDICATIONS:

1. Omnipred { one drop each in operated eye four (4) times daily }
2. Vigamox
3. Tylenol or Vicodin -1 or 2 pills every 4 hours as needed for pain.