

**East Bank Imaging Interventional Radiology Pain Management
Bernard Landry, M. D.**

Post Operative Instructions

Arthrogram

Location: Shoulder Knee Wrist Hip Other _____

1. Do not remove dressing for the next 24 hours. If dressing falls off you may replace it with a new one.
2. Do not shower or take a bath until the day after the procedure. No Jacuzzi, sauna or hot tub for 3 days. Dressing needs to be kept clean and dry.
3. Minimal drainage at the injection site may occur. This is normal.
4. Resume your regular diet
5. You may resume normal activity as tolerated, including physical therapy, showering, working, etc. the day after the procedure.
6. Please call to schedule a follow-up with your ordering physician Dr _____ phone # _____ unless you already have a scheduled appointment.
7. If you have any questions or problems call the office at 504-456-7900, during normal business hours. If you feel your situation is an emergency go immediately to the nearest emergency room or an urgent care center and present these post operative instructions.

I have received and understand the discharge instructions provided to me.

Patient's Signature

Date