updated 12/1/2010

Patient Label

Greater New Orleans Surgery Center

Luis Espinoza, M. D.

Physician Orders **Patient Name** _____

DATE	TIME	ORDERS FOR MEDICINES AND TREATMENT	
		Procedure: Knee Arthroscopy	Right / Left
		Admit to PACU Post surgery	
		Vital signs routine with Neurovascular checks	
		Elevate the Knee above chest level	Right / Left
		Apply cold pack to the Knee	Right / Left
		IV - TKO (fluids per anesthesia)	
		Check allergy history	
		Meds: Vicodin ES one po q 4-6 hours prn pain	
		Advance to regular diet as tolerated (use diabetic diet if paitent is a diabetic)	
		Physical Therapy	
		- Therapeutic & Prophylactic exercises to prevent DVT	
		- Crutch Train - PWB as tolerated below pain	
		- Gluteal sets, Quad / Ham sets, ankle pumps, toe ROM	
		Provide patient with out-patient instructions	
		Discharge home when patient is stable and comfortable	
		Notify Dr Espinoza of any problems (467-5900 or 889-2663)	

Date _____ **Physician Signature** _____