

Marc S. Glovinsky, DPM

Podiatric Surgery Discharge and Post Operative Instructions

1. You have been given a prescription for: _____
This is for post-op pain to take as instructed: _____

2. Keep your foot elevated, above the level of your heart, for the next few days.
Ice packs will help decrease pain and swelling.
3. You have been given a: Surgical Shoe Cast Boot
Wear this at all times when walking post operatively.
If you have been given crutches or a walker, use them as instructed: _____

4. Keep your dressing Clean, Dry and Do Not Remove It.
If your dressing gets wet or falls off, call the doctor.
5. If you experience Excessive bleeding, drainage or redness
Fever of 100 or greater
Pain, numbness, tingling, not relieved with pain medication

Call your doctor. Slight bleeding on the bandage may occur, this is expected and ok.
6. As you can see, much of the success of your surgery depends on you. Please follow these instructions carefully. If you have any questions, please do not hesitate to call.
7. Follow up appointment: _____

Call the office for specific time.

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Bldg 6 Suite 224
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(504) 454-2900

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Suite 235
New Orleans, LA 70115
(504) 891-2233

Emergency pager (504) 824-5490. Leave voice message or enter your phone number.